Although we are not able to gather in person, the University of Maryland Alumni Association still wants to connect with you and give you the opportunity to connect with your Terp community. We have put together a variety of programming for you to enjoy each week.

For future virtual event ideas or to host a virtual event please contact Angela Dimopoulos at adimop@umd.edu.

Programming for the week of March 30

Terp Talk: Mindfulness Monday
March 30, 2020 | 12 p.m.

The COVID-19 crisis has many of us feeling overwhelmed, stressed and anxious. Do you want to learn how to de-stress, unplug and focus on the present moment? REGISTER
Terp Talk: 7 Tips for Leading Remote Teams During the Pandemic
April 1, 2020 | 12 p.m.

Yesterday you were managing a team in an office to accomplish clear business objectives. Today you have a remote team of worried human beings looking to you for leadership during a crisis. REGISTER

Online Panel Discussion: The Impact of COVID-19 on the Sports World
April 1, 2020 | 7 - 8 p.m.

Please join Philip Merrill College of Journalism and the Shirley Povich Center for Sports Journalism for a discussion about the impact of the COVID-19 pandemic on the sports world. REGISTER
Circuit Workout with Liz Bair '13
April 3, 2020 | 8 - 9 a.m.

You can do this workout in the comfort of your own home or outside area if you've got it. No equipment necessary. REGISTER
Essentialism: The Disciplined Pursuit of Less
April 3, 2020 | 12-1 p.m.

In this webinar, you'll learn the value proposition for Essentialism and three practices to apply in your life. REGISTER
Managing Risk During the COVID-19 Pandemic
March 30, 31 & April 1

Maryland Smith is offering a free series of webinars for alumni and friends as part of the Smith Lifelong program. REGISTER

Supporting Students During the COVID-19 Pandemic

The COVID-19 pandemic has created extreme financial hardships for many of our students—lost jobs, food insecurity, lack of housing and much more.

The UMD Student Crisis Fund has been answering these students' requests for help. Now it's struggling to accommodate all the urgent needs.

You can make an immediate impact on students' lives by giving today at go.umd.edu/crisisfund

Terps Supporting Terps

If you are a Terp providing virtual content during the Coronavirus crisis—webinars, podcasts, video series, etc. Let us know and select opportunities will be featured and shared with the broader Terp network. Fill out our form here.
That's not all—check out our other featured webinars, virtual book clubs, online networking communities and more:

- Virtual Book Club
- Terrapins Connect
- Upcoming Webinars
- Additional Resources